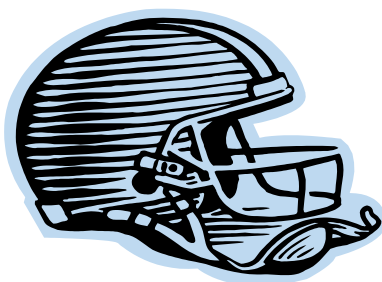




## FOOTBALL TEST REVIEW SHEET



1. In order for a touchdown to be counted, the ball must cross the goal line, not just the player.
2. The team can score 2 extra points if they return a blocked extra point.
3. The distance of a football field is 100 yds.
4. 4<sup>th</sup> down is considered a punting down. The punting down is when you fail to get a first down.
5. To get a first down, a player must move the ball 10 yds.
6. The team receives 3 pts for a field goal.
7. Each team is given 6 timeouts per game; Three each half.
8. The quarterback is an offensive player.
9. The kick after the touchdown is called the extra point; it is worth 1 pt.
10. When a receiver is hit by grabbing the jersey or being pushed while running, while trying to catch a pass, it is called pass interference.
11. When the player returning the punt waves their hand in the air, it is called a fair catch.
12. When a game ends in a tie, it goes into overtime.
13. Each quarter lasts 12 mins.
14. A reception is when the ball is caught on offense.
15. An interception is when the defense catches the ball.
16. When a punt is blocked, it can be advanced for a touchdown.
17. Three major penalties are holding, clipping, and a personal foul.
18. There are 11 players on the field at one time for each team.
19. If the defense recovers a fumble in the offenses end zone, it is a touchdown.
20. The referee puts both hands straight above his head to motion a touchdown.
21. When the referee makes a circular motion with his right arm, it means start the clock.
22. When the referee points his right arm straight out in front of him, it means first down.
23. When a receiver is hit illegally while trying to catch a pass it is called pass interference.
24. A touchdown is 6 points
25. An extra point is worth one point.
26. Each team is given 2 time outs during over time.
27. The offense is given 25 seconds to run a play before given a delay of game penalty.
28. The running back plays offense.
29. The corner back plays defense.



## **VOCABULARY**

**Touchdown-** occurs when the offense brings the ball to the end zone and scores 6 pts.

**Touchback-** when returning the ball you kneel the ball in the end zone and then the next play will begin at the 20-yd line.

**Extra point-** after a team scores a touchdown, the team tries to kick a field goal or run the ball towards the goal for a two-point conversion.

**Punt-** The offense will do this if the team can't score a first down; they must punt the ball to the opposite side of the field.

**First down-** when the offense successfully moves the ball 10 yards in 4 or less plays.

**Field goal-** the kicker tries to kick the ball in between the uprights (the posts that are at the end of each field)

**Time out-** A break in the game when the referee stops the clock and the players and coaches discuss what their next play.

**Offense-** The team with possession of the ball.

**Defense-** The team trying to keep the offense from scoring

**Receiver-** The player on the offense that gets the ball from the quarterback.

**Pass interference-** Occurs when the defensive player prevents the receiver from catching the ball, either by grabbing his jersey, pushing him while he is running, etc.

**Fair Catch-** The punt returner states that he will catch the ball and remain at the same yard line where the ball was caught.

**Overtime-** Extra time is allowed on the clock to determine a winner.

**Reception-** When the receiver successfully catches the ball.

**Interception-** The offense throws a pass and the defensive player catches it.

**Penalty-** The referee calls this when a player violates a rule

**Holding-** Offensive player can't hold/grab the defensive players jersey, only push them back

**Clipping-** When one player hits another player in the back.

**Personal foul-** A foul that results in a late or illegal hit that was done on purpose.

**Fumble-** When the offensive player with the ball drops the ball before his knee touches the ground.